



## Friends of Narrabeen Lagoon Catchment



[www.narrabeenlagoon.org.au](http://www.narrabeenlagoon.org.au)

### Next Forum

#### Our Catchment - positives and negatives

**7pm Monday August 24, 2015**

**Narrabeen Lakes Public School Hall.**

**1299 Pittwater Rd, Narrabeen**

Workshop on the natural environment of Narrabeen Lagoon Catchment - share your observations, experiences and knowledge as we discuss the natural environment, hopes for recreational use, ideas for managing challenges (e.g. weeds, erosion, etc) and values that need protecting.

**Free entry but book your tickets now. Phone: 9905 2135**

**Email: Judith Bennett <[email@narrabeenlagoon.org.au](mailto:email@narrabeenlagoon.org.au)>**

### Pollution reported

We reported an oily spill entering Narrabeen Lagoon from a drainage line near the Coastal Environment Centre. The EPA and Pittwater Council agree this is caused by iron leaching from an old "dump" where Rat Park is now. The water is being consistently tested to ensure that it is not dangerous for people or wildlife but it does look bad! However, a native water rat seems to be thriving in there.

### Donated painting



Artist Allan Dawes hands the donated painting to Anne Felstead.

At the May 25 Aboriginal Activities night, Allan Dawes drew the winning name from the bag. Anne Felstead is the lucky winner pictured here admiring the painting.

As advertised, Allan donated this painting to *Friends* who decided to make it available to a lucky member who was financial by Feb 2015 but when that forum was cancelled, we extended the draw to May 25 2015. Thank you Allan.

### Navigation Markers in Narrabeen Lagoon

Navigation buoys will be installed in the next few weeks to mark the large shallow area in the central basin which is colonised by legislatively protected seagrass beds. The markers will show the navigation channel from Jamieson Reserve (12 locations in total). Together with feedback from a range of user groups, Department of Primary Industry (Fisheries) and Roads and Maritime Services, Warringah Council staff have considered popular recreation routes, lagoon depth, shallow seagrass areas and international navigation guidelines when designing the layout for the markers. This layout has the advantages of:

- Identifying the shallow areas in the central basin and directing users to deeper water
- Identifying vulnerable seagrass ecosystems and creating routes around them. This may allow an increase in lagoon biodiversity.
- Not 'overcrowding' the lagoon with markers that would create visual clutter and obstacles

Posters and pamphlets will be provided to user groups, and Council will be installing interpretive signs near the Lagoon.

### Aboriginal Activities night

What a buzz! A great night was had by all—people joined in enthusiastically with various activities!



Janara taught people to weave with raffia using a simple knot technique. She also showed examples of weaving made from Lomandra leaves in traditional style.



Henrietta encouraged everyone to mimic animals in dance



Robert demonstrated various artefacts and let people handle them. He explained their uses.



Participants squeezed flesh from native plums during Jess's bush tucker demonstrations.

## Winter bushwalks and kayak events



Join *Friends* for a walk or paddle. Conny Harris runs regular catchment walks and Tony Carr leads eco-paddles to see the more than 50 Black Swan now on the lagoon - and mid week walks around the lagoon. These activities are free and open to all.

### Narrabeen Lagoon Eco Paddle - Sun Jun 14, Sept 5

Black Swan have returned to the lagoon after 20 years - come and see these majestic creatures! This paddle will visit the Western Basin, Deep and Middle Creeks. Beautiful Deep Creek attracts migratory birds from as far away as Russia and Middle Creek has been the subject of a substantial remediation programme. A relaxing 2 to 3 hour afternoon paddle. No previous kayaking experience required, tuition given. BYO boat or hire a kayak at cost. To register email [tonycarr@ozemail.com.au](mailto:tonycarr@ozemail.com.au) or call 0417 502 056.

### Walk around the Lagoon - Thurs Jun 18 and Jul 23

The new \$4.5m Multi Purpose Trail is open and you will be sure to enjoy it. You'll learn about its construction and experience the area's beautiful flora and fauna first hand. Experience Narrabeen's impressive new State Park and hear about plans for Gai-mariagal Aboriginal Owned National Park. Register now for one of these walks, led by Tony Carr. Meet at Jamieson Park at 10am. Grade is easy and the distance is approx 8.6kms. Bookings by email [tonycarr@ozemail.com.au](mailto:tonycarr@ozemail.com.au) or call 0417 502 056.

### Oxford Falls Triangle – Sunday July 12

This walk is slightly shorter than most we do, so if you prefer an easier walk join Conny Harris at 9.30am next to 27 Morgan Rd on the Slippery Dip Track, Belrose for a wander through this pretty area. Crossing typical Sydney sandstone and hanging swamp vegetation, with first bush flowers in bloom. 30 mins weeding at the end of the walk appreciated. Phone 0432 643 295 to register.

### Narrabeen Lagoon Catchment Traverse – Sat Aug 1

Conny Harris will lead this 4.5-hour bushwalk, starting at 10am from outside 27 Morgan Rd, Belrose and proceeding into Garigal National Park. Bring lunch. It will conclude at Oxford Falls. This hidden gem offers the most amazing variety of vegetation, lovely scenic views and some rare fauna. You'll explore some of the area's best bush tracks. 30 min weeding at the end on offer. Grade Medium with some inclines. Carpool back. Phone 0432 643 295.

### Cromer Circle Bushwalk – Sunday August 23

This walk circles around the high ground of the catchment on the southern side, with beautiful views and surprisingly different vegetation in comparison to the northern section. Cross Warringah's most endangered vegetation – the "Heart-leaved Stringybark Community". Spring flowers will be out and we will identify as we go. Led by Conny Harris. Meet at 9.30am on the bend of Cromer Road, up from the golf course. Bring lunch. Allow 3.5 hours. Car pooling required. Phone 0432 643 295.

**Bushwalks:** Call 0432 643 295 or email [conny.harris@gmail.com](mailto:conny.harris@gmail.com)

**Kayaking:** Call 0417 502 056 or email [tonycarr@ozemail.com.au](mailto:tonycarr@ozemail.com.au)

**REGISTER TO ATTEND - DON'T JUST TURN UP ON THE DAY. NUMBERS ARE LIMITED AND TOURS GET FILLED**

*Kayaks provided by an organisation independent of Friends.*

## Deep Creek cleanup

On one of the walks organised by Conny Harris, participants found a large amount of rubbish dumped beside a tributary of Deep Creek and removed all they could carry.



*How can anyone bear to foul up such a lovely environment?*

When this was reported to Warringah Council, we were delighted to hear that Council staff went in and removed a lot more. Again, there was more than the staff members could carry so they are arranging to take a boat in there to clean it up. We need you all to keep your eyes and ears open, notifying Warringah Council if you can prove who is doing it so we can see that such behaviour is discontinued.

### Trees or townhouses?

### Your support makes a difference!

To: Friends of Narrabeen Lagoon Catchment  
P.O. Box 845, Narrabeen, NSW 2101

- YES! Enrol me as a member. I enclose
- \$85 for 5-yr membership (unwaged \$40)
- \$20 for 1-yr membership (unwaged \$10)

Please make membership fee cheques payable to *Friends of Narrabeen Lagoon Catchment* or make a transfer to BSB 802 147 Account 43591. Thank you.

All applications for membership are subject to the approval of the committee.

I wish to make a donation of

\$250  \$100  \$50

other amount \$..... to the campaign.

Make donation cheque payable to **NPA-Narrabeen**.

Thank you.

Please print - Name:

.....

Address:

.....

..... Postcode: .....

Phone: .....

Email:

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It will be most helpful to have your email address as we often use emails to communicate with members.



Friends of Narrabeen Lagoon Catchment Inc is associated with National Parks Association. Enquiries: Judith Bennett Phone: 9905 2135 Email: [email@narrabeenlagoon.org.au](mailto:email@narrabeenlagoon.org.au)